

	Day 1		Day 2		Day 3			
8:00	<b>Registration</b>		Lecture 4	Adverse events in Dry Needling	Lecture 6	The use of Ultrasound guidance in DN	8:00	
8:15	Lecture 1	Tensegrity					8:15	
8:30	Practical 1	Arm (Deltoid, biceps, brachialis, Triceps anco	Practical 7	The intrinsic muscles of the hand	Practical 10	Quadratus Lumborum	8:30	
9:30					Practical 11	Serratus anterior	9:30	
10:00	<b>TEA</b>		<b>TEA</b>		<b>TEA</b>		10:00	
10:15	Practical 2	Forearm Flexors incl Pronator teres	Practical 8	Intermediate layer of dorsal spine (Multifidi, longissimus, iliocostalis, Serratus Anterior)	Case study 3	TMJ	10:15	
11:15	Lecture 2	e-Stim	Case study 2	Ankle Sprains	Practical 12	Anterior abdominal wall	11:15	
12:00	Practical 3	Forearm Extensors & e-stim demo					12:00	
12:30	<b>Lunch</b>		<b>Lunch</b>		<b>Lunch</b>		12:30	
13:30	Practical 4	Lower limb: Leg (Anterior Compartment)	Lecture 5	Dry needling & Temperomandibular joint	Case study 3	Putting a full treatment together	13:30	
14:00							14:00	
14:30	Practical 5	Lower limb: Leg (Lateral Compartment)					14:30	
15:30	<b>TEA</b>		<b>TEA</b>		<b>TEA</b>		15:30	
15:45	Practical 6	The intrinsic muscles of the foot	Practical 9	TMJ muscles	Exams	(May need additional staff here)	15:45	
17:00								17:00
17:30								17:30
18:00								18:00
18:30							18:30	
19:00							19:00	

Hours	9,5	9,5	7,5
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<b>Hours:</b>	26,5
<b>Theory</b>	4,5
<b>Practical</b>	11,5
<b>Case study</b>	4,5
<b>Breaks</b>	3
<b>Total</b>	<b>23,5</b>

**Exams**      Prac = 30 mins, theory 90 mins  
 NB: Single theory paper for both levels combined